

# CHAMPLIN WEEKLY MENU

## Week of April 22 – April 27

### CHAMPLIN

Breakfast	Mon-Fri	7:00am - 10:30am
Lunch	Mon-Fri	11:00am - 4:00pm
Dinner	Mon-Fri	4:30pm - 7:00pm
Breakfast	Sat&Sun	9:30am - 11:00am
Brunch/Lunch/Dinner	Sat&Sun	11:00am - 6:00pm

**CLOSED for CLEANING:**  
**Mon - Fri: 10:30-11am & 4:00-4:30pm**  
**Sat - Sun: 3:30 - 4:00pm**

### BREAKFAST Available Daily:

Bacon, Turkey Bacon, Sausage, Fruit/Yogurt, Cereals/Hot & Cold, MYO Waffles, Breakfast Potatoes, Bagels/Pastries

### LUNCH Available Daily:

Hamburgers, Cheeseburgers, Fries, Pizza, CTO, Hot Bar, Deli, Salad Bar, MYO Waffles, Ice Cream

### DINNER Available Daily:

Hamburgers, Cheeseburgers, Fries, Pizza, CTO, Hot Bar, Deli, Salad Bar, Ice Cream

**\*\*Chicken Sandwich: Mon/Wed/Fri/Sat**

**\*\*Cheeseburger: Tues/Thurs**

**\*\*Fish Sandwich: Sun**

### BREAKFAST

### LUNCH - Allergen until 2pm / Hot Bar until 3pm

### DINNER

<p><b>MONDAY – 4/22</b>  <b>OMELETS TO ORDER</b>  <b>Egg &amp; Cheese on a Biscuit</b></p>	<p><b>SOUP:</b> New England Clam Chowder  <b>ENTRÉE:</b> General Tso's Chicken / Curry Vegetables  <b>STARCH &amp; VEGETABLE:</b> Jasmine Rice / Broccoli  <b>COOK'S CORNER:</b> Philly Cheesesteak Bar  <b>ALLERGEN:</b> GF General Tso's Chicken, Jasmine Rice &amp; Steamed Broccoli  <b>PIZZA:</b> Flat Bread Pizzas  <b>DESSERT:</b> Cereal Bars</p>	<p><b>SOUP:</b> New England Clam Chowder  <b>ENTRÉE:</b> Fried Haddock / Pasta Peperata w/ Sun Dried Tomatoes, Pesto &amp; Shallots  <b>STARCH &amp; VEGETABLE:</b> Onion Rings / Bermuda Blend Vegetables  <b>COOK'S CORNER:</b> Philly Cheesesteak Bar  <b>ALLERGEN:</b> GF Stuffed Peppers w/ Rice, Ground Beef, Cheddar &amp; GB Biscuits  <b>PIZZA:</b> Flat Bread Pizzas  <b>DESSERT:</b> Key Lime Pie</p>
<p><b>TUESDAY – 4/23</b>  <b>OMELETS TO ORDER</b>  <b>Egg &amp; Cheese on a Bagel</b></p>	<p><b>SOUP:</b> Italian Chicken Tortellini  <b>ENTRÉE:</b> Glazed Beef Brisket / Tempura Brussel Sprouts w/ Korean Dipping Sauce  <b>STARCH &amp; VEGETABLE:</b> Roasted Red Potatoes / Roasted Asparagus  <b>COOK'S CORNER:</b> Plant Based Smash Patty Burger  <b>DELI:</b> Metro Deli Smoked Roast Beef  <b>ALLERGEN:</b> GF Chicken Sandwich / Roasted Pepper Guacamole / Mexican Chopped Salad  <b>PIZZA:</b>  <b>DESSERT:</b> Assorted Ice Cream Novelties</p>	<p><b>SOUP:</b> Italian Chicken Tortellini  <b>ENTRÉE:</b> Meatballs &amp; Marinara Sauce / Breaded Zucchini Sticks w/ Marinara Sauce  <b>STARCH &amp; VEGETABLE:</b> Penne Pasta w/Marinara Sauce / Steamed Veg Blend  <b>COOK'S CORNER:</b> Hot Turkey Sandwich, Open Face w/ Gravy &amp; Waffle Fries  <b>DELI:</b>  <b>ALLERGEN:</b> GF Meatballs &amp; Marinara / GF Penne / Steamed Veg Blend  <b>PIZZA:</b>  <b>DESSERT:</b> Chocolate Banana Layer Cake</p>
<p><b>WEDNESDAY – 4/24</b>  <b>OMELETS TO ORDER</b>  <b>Western Egg Wraps</b></p>	<p><b>SOUP:</b> Hearty Cowboy Soup  <b>ENTRÉE:</b> Beef &amp; Broccoli / Beans &amp; Greens  <b>STARCH &amp; VEGETABLE:</b> White Rice / Normandy Blend Vegetables  <b>COOK'S CORNER:</b> Pasta Action with choice of Chicken, Shrimp &amp; Veggies  <b>ALLERGEN:</b> GF Beef &amp; Broccoli w/ White Rice &amp; Normandy Blend Vegetables  <b>PIZZA:</b> Garlic Knots  <b>DESSERT:</b> White Chip Cranberry Cookies</p>	<p><b>SOUP:</b> Hearty Cowboy Soup  <b>ENTRÉE:</b> Italian Breaded Chicken Breast w/Spinach / Teriyaki Veggies &amp; Tofu w/Jasmine Rice  <b>STARCH &amp; VEGETABLE:</b> Couscous / Grilled Vegetable Blend  <b>COOK'S CORNER:</b> Pasta Action with choice of Chicken, Shrimp &amp; Veggies  <b>ALLERGEN:</b> GF Italian Breaded Chicken Breast w/ Bacon &amp; Spinach / GF Rotini Pasta &amp; Grilled Veg Blend  <b>PIZZA:</b> Garlic Knots  <b>DESSERT:</b> Assorted Cream Pies</p>
<p><b>THURSDAY – 4/25</b>  <b>OMELETS TO ORDER</b>  <b>Broccoli, Cheddar &amp; Egg Strudel</b></p>	<p><b>SOUP:</b> Chicken Noodle Soup  <b>ENTRÉE:</b> GF Grilled Jerk Chicken 1/8's / Pierogies w/ Caramelized Onions  <b>STARCH &amp; VEGETABLE:</b> Parsley Buttered Potatoes / Garlic Green Beans  <b>COOK'S CORNER:</b> Mexican Crunch Wrap &amp; Burrito Bar  <b>ALLERGEN:</b> GF Jerk Chicken, Parsley Buttered Potatoes, Sautéed Green Beans  <b>PIZZA:</b> Garlic, Tomato, Spinach Pizza  <b>DESSERT:</b> Oatmeal Raisin Cookies</p>	<p><b>SOUP:</b> Chicken Noodle Soup  <b>ENTRÉE:</b> Cajun Seared Catfish w/ Remoulade Sauce / Veggie Lo Mein  <b>STARCH &amp; VEGETABLE:</b> Corn Muffins / Sautéed Spinach  <b>COOK'S CORNER:</b> Mexican Crunch Wrap &amp; Burrito Bar  <b>ALLERGEN:</b> GF Chicken &amp; Veggie Lo Mein over Rice Noodles  <b>PIZZA:</b> Garlic, Tomato, Spinach Pizza  <b>DESSERT:</b> Fruits of the Forest Pie</p>
<p><b>FRIDAY – 4/26</b>  <b>OMELETS TO ORDER</b>  <b>Egg &amp; Cheese on English Muffin</b></p>	<p><b>SOUP:</b> Beef Vegetable Soup  <b>ENTRÉE:</b> BBQ Pulled Pork / Shell Pasta w/ Peas &amp; Mushrooms in 3-Cheese Sauce  <b>STARCH &amp; VEGETABLE:</b> Sweet Potato Wedge Fries / Prince Edward Blend Veggies  <b>COOK'S CORNER:</b> Roasted or Fried Chicken Wrap  <b>DELI:</b> Burrito Bar w/Toppings  <b>ALLERGEN:</b> GF Pulled Pork w/Prince Edward Blend &amp; GF Sweet Potato Fries  <b>PIZZA:</b> 4 Cheese Pizza  <b>DESSERT:</b> Brownies</p>	<p><b>SOUP:</b> Beef Vegetable Soup  <b>ENTRÉE:</b> Carved Roast Beef w/Gravy / Baked Cheese Ravioli w/Marinara &amp; Mozzarella  <b>STARCH &amp; VEGETABLE:</b> Herb Roasted Potatoes / Sautéed Veggie Blend  <b>COOK'S CORNER:</b> Roasted / Fried Chicken Wrap  <b>DELI:</b> Burrito Bar w/Toppings  <b>ALLERGEN:</b> Carved Roast Beef w/ GF Gravy, Herb Roasted Potatoes &amp; Sautéed Veggie Blend  <b>PIZZA:</b> 4 Cheese Pizza  <b>DESSERT:</b> Red Velvet Cake</p>
<p><b>SATURDAY - 4/27</b>  <b>Brunch</b>  <b>OMELETS TO ORDER</b>  <b>Omelets</b></p>	<p><b>SOUP:</b> Soup Du Jour  <b>ENTRÉE:</b> French Toast / Scrambled Eggs / Homefries / Bacon &amp; Sausage  <b>COOK'S CORNER:</b> Omelets  <b>ALLERGEN:</b> GF Chicken &amp; Penne Broccoli Alfredo  <b>HOT CEREAL BAR:</b> Oatmeal / Cream of Wheat with dried cherries, raisins, maple syrup, choc chips, spiced apples, coconut, cinnamon, brown sugar  <b>PIZZA:</b> Assorted Pizza  <b>DESSERT:</b> Assorted Pastries &amp; Cake</p>	<p><b>SOUP:</b> Soup DuJour  <b>ENTRÉE:</b> Fried Chicken Bowl / Vegetarian Chili w/ White Rice  <b>STARCH &amp; VEGETABLE:</b> Mashed Potatoes, Gravy, Corn  <b>ALLERGEN:</b> GF Chicken Bowl w/Mashed Potatoes, Gravy &amp; Corn  <b>PIZZA:</b> Assorted Pizza  <b>DESSERT:</b> Ice Cream Novelties</p>
<p><b>SUNDAY – 4/28</b>  <b>Brunch</b>  <b>OMELETS TO ORDER</b>  <b>Omelets (CTO)</b>  <b>Continental Breakfast</b></p>	<p><b>SOUP:</b> Soup DuJour  <b>ENTRÉE:</b> Cheesecake Pancakes w/Strawberries  <b>COOK'S CORNER:</b> Omelets  <b>ALLERGEN:</b> GF Sandwich Bar  <b>HOT CEREAL BAR:</b> Oatmeal / Cream of Wheat with dried cherries, raisins, maple syrup, choc chips, spiced apples, coconut, cinnamon, brown sugar  <b>PIZZA:</b> Assorted Pizza  <b>DESSERT:</b> Assorted Pastries</p>	<p><b>SOUP:</b> Soup DuJour  <b>ENTRÉE:</b> Chicken Cordon Bleu / Grilled Vegetable Stacker w/ Mozzarella &amp; Balsamic Glaze  <b>STARCH &amp; VEGETABLE:</b> Seasoned Curly Fries / Baby Carrots  <b>ALLERGEN:</b> GF Chicken Cordon Bleu, Baby Bakers &amp; Baby Carrots  <b>PIZZA:</b> Assorted Pizza  <b>DESSERT:</b> Ice Cream Novelties</p>