

# Invisible DISABILITIES Awareness

by Christina Irene

Do YOU or someone you care about have an invisible disability? Attend an eye-opening session with invisible disability hero **Christina Irene** and gain:

- coping strategies
- support tips
- community
- visibility

## Why is invisible disabilities awareness necessary?

- **3 out of 4** disabilities are invisible.
- **1 in 10** people have an invisible disability.
- The number of people with invisible disabilities is **rising**.

*Let's redefine "normal."*



Christina Irene's background includes touring as a stand-up comedian, working with at-risk adolescents, serving in multiple community organizations and thriving with her own invisible disabilities.

**"Amazing session about ID. Opened my eyes to how many people have ID and the need to end the stigma."**

Wednesday, October 6  
7pm, Bouck Theater

Sponsored by AccessABILITY Resources

For more information, please contact [richarwa@cobleskill.edu](mailto:richarwa@cobleskill.edu)