

# CHAMPLIN WEEKLY MENU

## Week of September 8-14

<b><u>Monday - Friday:</u></b>
Breakfast 7am - 10:30am
Lunch 11am - 4pm
Dinner 4:30pm - 7pm

<b><u>Saturday- Sunday:</u></b>
Breakfast 9:30am - 10:30am
Lunch 11am - 4pm
Dinner 4:30pm - 6pm

<b><u>BREAKFAST Available Daily:</u></b> Bacon, Turkey Bacon, Sausage, Fruit/Yogurt, Cereals/Hot & Cold, MYO Waffles & Pancakes, Breakfast Potatoes, Bagels/Pastries
<b><u>LUNCH Available Daily:</u></b> Hamburgers Cheeseburgers, Chicken Sandwich, Fries, Onion Rings, Mac & Cheese, Pizza, MYO Waffles & Pancakes, CTO, Hot Bar, Deli, Salad Bar, & Ice Cream
<b><u>DINNER Available Daily:</u></b> Hamburgers Cheeseburgers, Chicken Sandwich, Fries, Onion Rings Pizza, CTO, Hot Bar, Deli, Salad Bar, & Ice Cream

- \*\*Chicken Sandwich, Hamburgers & Cheeseburgers: Everyday**  
**\*\*Pasta served with 3 Sauces at Pizza Station every Lunch & Dinner except special Pasta Wednesdays**  
**\*\*Macaroni & Cheese Everyday (Next to French Fries)**  
**\* Salad of the Week: Caesar Salad – Romaine Lettuce, Asiago Cheese, Croutons, Caesar Dressing, Chicken and Additional Toppings of Your Choice**

~ Menu subject to change due to availability ~

BREAKFAST	LUNCH	DINNER
<b>MONDAY – 9/8</b> <b>OMELETS TO ORDER</b> Egg & Cheese on an English Muffin	<b>SOUP:</b> New England Clam Chowder <b>ENTRÉE:</b> Chicken Cordon Bleu <b>STARCH &amp; VEGETABLE:</b> Whole Roasted Baby Yukon Potatoes / Monte Carlo Blend <b>SALAD:</b> Pasta Salad <b>COOK’S CORNER:</b> Philly Cheesesteak with Fire Roasted Peppers & Onions <b>ALLERGEN:</b> GF Chicken Cordon Bleu, Whole Roasted Baby Yukon Potatoes & Monte Carlo Blend <b>PIZZA:</b> Veggie Lovers Pizza <b>DESSERT:</b> Smores Cookies	<b>SOUP:</b> New England Clam Chowder <b>ENTRÉE:</b> Meatballs & Marinara Sauce with Hoagie Roll <b>STARCH &amp; VEGETABLE:</b> Garlic Toast / Steamed Vegetable Blend <b>SALAD:</b> Pasta Salad <b>COOK’S CORNER:</b> Philly Cheesesteak with Fire Roasted Peppers & Onions <b>ALLERGEN:</b> GF Meatballs & Marinara w/GF Penne & Marinara, Asiago Cheese on the Side & Steamed Vegetable Blend <b>PIZZA:</b> Veggie Lovers Pizza <b>DESSERT:</b> Dutch Apple Pie
<b>TUESDAY 9/9</b> <b>OMELETS TO ORDER</b> Western Egg Wraps	<b>SOUP:</b> Chicken Noodle Soup <b>ENTRÉE:</b> BROOKS BBQ! Grilled Chicken & Pulled Beef with Assorted Locally Sourced Sauces <b>STARCH &amp; VEGETABLE:</b> Baked Beans / Cole Slaw / Glazed Baby Carrots <b>SALAD:</b> Cheese Tortellini Pesto Pasta Salad <b>COOK’S CORNER:</b> Vietnamese Style Bahn Mi Pulled Chicken Sandwich w/Assorted Toppings <b>DELI:</b> BURRITO BAR! <b>ALLERGEN:</b> GF BBQ Pulled Beef, Baked Beans, Cole Slaw & Glazed Baby Carrots <b>PIZZA:</b> Chicken Bacon Ranch Pizza <b>DESSERT:</b> Almond Joy Cookies	<b>SOUP:</b> Chicken Noodle Soup <b>ENTRÉE:</b> Fried Chicken Bowl with Gravy & Shredded Cheddar Cheese <b>STARCH &amp; VEGETABLE:</b> Mashed Potatoes / Corn <b>SALAD:</b> Cheese Tortellini Pesto Pasta Salad <b>COOK’S CORNER:</b> Vietnamese Style Bahn Mi Pulled Chicken Sandwich w/Assorted Toppings <b>DELI:</b> BURRITO BAR! <b>ALLERGEN:</b> GF Chicken Bowl with GF Breaded Boneless Chicken, Mashed Potatoes & GF Chicken Gravy & Corn <b>PIZZA:</b> Chicken Bacon Ranch Pizza <b>DESSERT:</b> Make Your Own Strawberry Shortcake
<b>WEDNESDAY – 9/10</b> <b>OMELETS TO ORDER</b> Egg & Cheese on a Bagel	<b>SOUP:</b> Vegetable Soup <b>ENTRÉE:</b> Hot Honey Chicken with Assorted Toppings <b>STARCH &amp; VEGETABLE:</b> Tater Attack – Tater Tots w/Bacon & Cheddar / Sauteed Zucchini, Grape Tomato, Red Onion & Garlic <b>SALAD:</b> Curry Chicken Salad with Apples <b>COOK’S CORNER:</b> Pasta Action w/ choice of Chicken, Shrimp, Sausage, Veggies & Sauces <b>ALLERGEN:</b> GF Hot Honey Chicken Tenders, Roasted Baby Potatoes, Sauteed Zucchini, Grape Tomato, Red Onion & Garlic <b>PIZZA:</b> Garlic Knots / Baked Manicotti with Marinara and Melted Mozzarella Cheese <b>DESSERT:</b> Lemon Cooler Cookies	<b>SOUP:</b> Vegetable Soup <b>ENTRÉE:</b> Beef & Broccoli <b>STARCH &amp; VEGETABLE:</b> White Rice / Garlic Green Beans <b>SALAD:</b> Curry Chicken Salad with Apples <b>COOK’S CORNER:</b> Pasta Action with choice of Chicken, Shrimp, Sausage, Veggies, & Sauces <b>ALLERGEN:</b> GF Beef & Broccoli, White Rice & Garlic Green Beans <b>PIZZA:</b> Garlic Knots / Baked Manicotti with Marinara and Melted Mozzarella Cheese <b>DESSERT:</b> Carrot Cake
<b>THURSDAY – 9/11</b> <b>OMELETS TO ORDER</b> French Waffles	<b>SOUP:</b> Italian Chicken Tortellini <b>ENTRÉE:</b> Grilled Jerk Chicken with Honey Glaze <b>STARCH &amp; VEGETABLE:</b> Parsley Buttered Potatoes / Chateau Blend Vegetables <b>SALAD:</b> Potato Salad <b>COOK’S CORNER:</b> Mexican Crunch Wrap & Burrito Bar! <b>ALLERGEN:</b> GF Jerk Chicken, Parsley Buttered Potatoes & Chateau Blend Vegetables <b>PIZZA:</b> Garlic, Tomato & Spinach Pizza <b>DESSERT:</b> JIFFY POP-UP! Brownies & Sweet Cornbread	<b>SOUP:</b> Italian Chicken Tortellini <b>ENTRÉE:</b> Chicken Teriyaki <b>STARCH &amp; VEGETABLE:</b> Jasmine Rice / Broccoli <b>SALAD:</b> Potato Salad <b>COOK’S CORNER:</b> Mexican Crunch Wrap & Burrito Bar! <b>DELI:</b> Baked Potato Bar with Assorted Toppings! <b>ALLERGEN:</b> GF Chicken Teriyaki, Jasmine Rice & Steamed Broccoli <b>PIZZA:</b> Garlic, Tomato & Spinach Pizza <b>DESSERT:</b> Cannoli
<b>FRIDAY – 9/12</b> <b>OMELETS TO ORDER</b> Egg & Cheese on a Biscuit	<b>SOUP:</b> Beef Vegetable Soup <b>ENTRÉE:</b> Fried Seafood Platter with Cocktail & Tartar Sauce <b>STARCH &amp; VEGETABLE:</b> Curly Fries / California Blend Veggies <b>COOK’S CORNER:</b> Roasted or Fried Chicken Wrap <b>DELI:</b> BURRITO BAR! <b>ALLERGEN:</b> GF Fried Chicken Wrap in GF Tortilla & Baked Lays <b>PIZZA:</b> Four Cheese Pizza <b>DESSERT:</b> Chocolate Chunk Cookies	<b>SOUP:</b> Beef Vegetable Soup <b>ENTRÉE:</b> Carved Roast Beef with Gravy <b>STARCH &amp; VEGETABLE:</b> Herb Roasted Potatoes / Peas, Carrots & Pearl Onions <b>COOK’S CORNER:</b> Roasted or Fried Chicken Wrap <b>DELI:</b> BURRITO BAR! <b>ALLERGEN:</b> Carved Roast Beef with GF Gravy, Herb Roasted Potatoes & Peas, Carrots & Pearl Onions <b>PIZZA:</b> Four Cheese Pizza <b>DESSERT:</b> Pumpkin Pie
<b>SATURDAY – 9/13</b> <b>Continental Breakfast Omelets (CTO)</b> <b>9:30am-11:00am</b>	<b>SOUP :</b> Soup Du Jour <b>ENTRÉE :</b> Breakfast Potatoes, Bacon, Sausage & Scrambled Eggs (9:30-2:00) Breakfast Quesadilla (11:00-2:00) <b>COOK’S CORNER :</b> Omelets <b>HOT CERAL BAR:</b> Oatmeal / Cream of Wheat with dried cherries, raisins, maple syrup, choc chips, spiced apples, coconut cinnamon, brown sugar <b>ALLERGEN:</b> GF Sandwich Bar w/ Choice of Ham, Roast Beef, Turkey, Swiss, Cheddar, American or Provolone on GF Bread <b>PIZZA:</b> Assorted Pizza <b>DESSERT:</b> Assorted Pastries, Muffins & Donuts	<b>SOUP:</b> Soup Du Jour <b>ENTRÉE:</b> Chicken Pepperata with a Roasted Pepper Cream Sauce <b>STARCH &amp; VEGETABLE:</b> Rotini Pasta / Sauteed Spinach with Garlic Oil <b>COOK’S CORNER:</b> Closed <b>ALLERGEN:</b> GF Chicken Pepperata with Roasted Pepper Cream Sauce, GF Pasta & Sauteed Spinach with Garlic Oil <b>PIZZA:</b> Assorted Pizza <b>DESSERT:</b> Ice Cream Novelties
<b>SUNDAY – 9/14</b> <b>Continental Breakfast Omelets (CTO)</b> <b>9:30am-11:00am</b>	<b>SOUP:</b> Soup Du Jour <b>ENTRÉE:</b> Breakfast Potatoes, Bacon, Sausage & Scrambled Eggs (9:30-2:00) French Toast (11:00-2:00) <b>COOK’S CORNER :</b> Omelets <b>HOT CERAL BAR:</b> Oatmeal / Cream of Wheat with dried cherries, raisins, maple syrup, choc chips, spiced apples, coconut cinnamon, brown sugar <b>ALLERGEN:</b> GF Sandwich Bar w/ Choice of Ham, Roast Beef, Turkey, Swiss, Cheddar, American or Provolone on GF Bread <b>PIZZA:</b> Assorted Pizzas <b>DESSERT:</b> Assorted Pastries, Muffins & Donuts	<b>SOUP :</b> Soup Du Jour <b>ENTRÉE :</b> Glazed Beef Brisket <b>STARCH &amp; VEGETABLE:</b> Sweet Potato Wedges / Roasted Asparagus <b>COOK’S CORNER :</b> Closed <b>ALLERGEN:</b> GF Glazed Beef Brisket, Baked Sweet Potato Wedges & Roasted Asparagus <b>PIZZA:</b> Assorted Pizza <b>DESSERT:</b> Ice Cream Novelties