# **CHAMPLIN WEEKLY MENU**

## Week of March 24 - 30

\*\*Chicken Sandwich, Hamburgers & Cheeseburgers: Everyday \*\*Pasta served with 3 Sauces at Pizza Station every Lunch & Dinner except special Pasta Wednesday

**\*\*Macaroni & Cheese Everyday (Next to French Fries)** 

~ Menu subject to change due to availability ~

| <u> Monday - Friday:</u> |  |  |
|--------------------------|--|--|
| Breakfast 7am - 10:30am  |  |  |
| Lunch 11am - 4pm         |  |  |
| Dinner 4:30pm - 7pm      |  |  |
|                          |  |  |

#### BREAKFAST Available Daily:

Bacon, Turkey Bacon, Sausage, Fruit/Yogurt, Cereals/Hot & Cold, MYO Waffles & Pancakes, Breakfast Potatoes, Bagels/Pastries

#### <u>Saturday - Sunday:</u> Breakfast 9:30am - 10:30am

Dinner 4:30pm - 6pm

#### Breakfast 9:30am - 10:30am Lunch11am - 4pm

LUNCH Available Daily: Hamburgers Cheeseburgers, Chicken Sandwich, Fries, Onion Rings, Pizza, MYO Waffles & Pancakes,

CTO, Hot Bar, Deli, Salad Bar, & Ice Cream,

### DINNER Available Daily:

Hamburgers Cheeseburgers, Chicken Sandwich, Fries, Onion Rings Pizza, CTO, Hot Bar, Deli, Salad Bar, Ice Cream

### BREAKFAST

### LUNCH

### DINNER

| MONDAY – 3/24                                     | SOUP: Chicken Noodle Soup   | SOUP: Chicken Noodle Soup  |
|---|---|--|
| OMELETS TO ORDER                                  | <b>ENTRÉE:</b> Pan Roasted Sausage with Onions & Peppers and Hoagie Rolls<br><b>STARCH &amp; VEGETABLE:</b> Parmesan Roasted Potatoes / Sauteed Green Beans, Peppers,             | ENTRÉE: Beer Battered Cod<br>STARCH & VEGETABLE: Seasoned Steak Fries / California Blend Veggies   |
| Vaffle Sandwich w/ Egg &                          | Yellow Squash, Onion & Garlic   | SALAD: Tabbouleh Salad   |
| Sausage   | SALAD: Tabbouleh Salad  | COOK'S CORNER: Thai Curry Bowl with Toppings!  |
|   | COOK'S CORNER: Thai Curry Bowl with Toppings!   | ALLERGEN: Grilled Chicken /Baby Roasted Potatoes / California Blend Veggies  |
|   | ALLERGEN: Pan Roasted Sausage w/ Onions & Peppers / Parm Roasted Potatoes / Veggies   | PIZZA: Buffalo Chicken Pizza   |
|   | PIZZA: Buffalo Chicken Pizza  | DESSERT: Banana Cream Pie  |
|   | DESSERT: Smores Cookies<br>SOUP: Homemade Cream of Mushroom Soup  | SOUP: Homemade Cream of Mushroom Soup  |
| TUESDAY 3/25                                      | ENTRÉE: Sweet & Spicy Asian Garlic Chicken  | <b>ENTRÉE:</b> Italian Breaded Chicken Breast served on a bed of Broccoli Cheddar Sauce (GF)   |
| OMELETS TO ORDER<br>Apple Oat Strudel Puffs       | <b>ENTREE:</b> Sweet & Spicy Asian Garlic Chicken<br><b>SALAD:</b> Mexican Chopped Salad  | STARCH & VEGETABLE: Buttered Egg Noodles /Sauteed Spinach  |
|   | COOK'S CORNER: Steak Tostadas & Burrito Bar with Choices of Toppings!   | SALAD: Mexican Chopped Salad   |
|   | <b>DELI:</b> BURRITO BAR!   | COOK'S CORNER: Steak Tostadas & Burrito Bar with Choices of Toppings!  |
|   | ALLERGEN: GF Sweet & Spicy Asian Garlic Chicken / White Rice / Snap Peas  | DELI: BURRITO BAR!   |
|   | PIZZA: 4 Cheese Pizza<br>DESSERT: Cream Puffs   | ALLERGEN: GF Panko Chicken on bed of Broccoli Cheddar Sauce/ GF Pasta / Sauteed Spinach PIZZA: 4 Cheese Pizza  |
|   | <b>DESSER1:</b> Cream Funs  | DESSERT: Black Forest Cupcakes   |
| WEDNESDAY – 3/26                                  | SOUP: Tuscan White Bean Soup  | SOUP: Tuscan White Bean Soup   |
|   | ENTRÉE: Asian BBQ Pork  | ENTRÉE: Carved Roasted London Broil with Au Jus (GF)   |
| OMELETS TO ORDER<br>Egg & Cheese on a Kaiser Roll | STARCH & VEGETABLE: Pot Stickers / Rice / Steamed Broccoli  | STARCH & VEGETABLE: Baked Potatoes / Green Beans   |
|   | SALAD: Broccoli Bacon Salad   | SALAD: Broccoli Bacon Salad  |
|   | <b>COOK'S CORNER:</b> Pasta Action w/ choice of Chicken, Shrimp, Sausage, Veggies & Sauces  | COOK'S CORNER: Pasta Action with choice of Chicken, Shrimp, Sausage, Veggies, & Sauces   |
|   | ALLERGEN: Grilled Pork Chops / Steamed Potatoes / Steamed Broccoli<br>PIZZA: Garlic Knots   | ALLERGEN: Carved, Roasted London Broil w/ GF AuJus / Baked Potatoes/Green Beans & Yellow Squash  |
|   | <b>DESSERT:</b> Double Chocolate Cookies  | PIZZA: Garlic Knots  |
|   |   | DESSERT: Pumpkin Pie   |
| <b>THURSDAY – 3/27</b>                            | SOUP: White Chicken Chili   | SOUP: White Chicken Chili  |
| OMELETS TO ORDER                                  | ENTRÉE: Beef Gyros w/ Lettuce, Tomatoes, Red Onion, Tzatziki Sauce, Feta & Pita Bread   | ENTRÉE: Honey Ginger Pork Stir Fry   |
| Egg & Cheese on an English                        | STARCH & VEGETABLE: Parsley Buttered Potatoes / Mixed Vegetables  | STARCH & VEGETABLE: Jasmine Rice / Sauteed Asian Style Vegetable Blend   |
| Auffin  | SALAD: Hummus w/ Garlic Toast Points  | SALAD: Hummus w/ Garlic Toast Points   |
|   | <b>COOK'S CORNER:</b> Sushi Bar Selection – w/ Wasabi, Pickled Ginger & Soy Sauce,<br>California roll, Tuna roll, Spicy Shrimp Roll or Cucumber Roll / all w/ Cucumber, Scallions | <b>COOK'S CORNER:</b> Sushi Bar Selection – w/ Wasabi, Pickled Ginger & Soy Sauce, California roll,<br>Tuna roll, Spicy Shrimp Roll or Cucumber Roll / all w/ Cucumber, Scallions & Avocado & Sushi Rice |
|   | & Avocado & Sushi Rice in Nori Seaweed  | in Nori Seaweed  |
|   | DELI: BURRITO BAR!  | DELI: BURRITO BAR!   |
|   | ALLERGEN: GF Greek style seasoned Beef w/ Lettuce, Tomatoes, Red Onion, Tzatziki  | ALLERGEN: Honey Ginger Pork Stir Fry / Jasmine Rice / Sauteed Asian Vegetable Blend  |
|   | Sauce on GF Tortilla / Parsley Buttered Potatoes / Sauteed Veggies  | PIZZA: Roasted Garlic, Ricotta, Spinach & Grilled Chicken Pizza  |
|   | <b>PIZZA:</b> Roasted Garlic, Ricotta, Spinach & Grilled Chicken Pizza<br><b>DESSERT:</b> M & M Cookies   | DESSERT: Red Velvet Cake   |
|   | SOUP: Cheeseburger Chowder  | SOUP: Cheeseburger Chowder   |
| FRIDAY - 3/28                                     | ENTRÉE: BBQ Chicken 1/8s  | <b>ENTRÉE:</b> Sliced Roat Beef w/ GF Beef Gravy   |
| OMELETS TO ORDER                                  | STARCH & VEGETABLE: Seasoned Wedge Potatoes / Corn  | STARCH & VEGETABLE: Mashed Potatoes / Chateau Vegetable Blend  |
| Breakfast Pizza                                   | SALAD: Macaroni Salad   | SALAD: Macaroni Salad  |
|   | COOK'S CORNER: Roasted or Fried Chicken Wrap w/ Choices of Add-Ons!   | COOK'S CORNER: Roasted or Fried Chicken Wrap w/ Choices of Add-Ons!  |
|   | <b>DELI</b> : BURRITO BAR! Chicken or Beef with Toppings!   | <b>DELI:</b> BURRITO BAR! Chicken or Beef With Toppings!   |
|   | ALLERGEN: Chicken & Veggie Fried Rice / Chateau Vegetable Blend   | ALLERGEN: Sliced Roast Beef w/ GF Beef Gravy / Mashed Potatoes / Corn<br>PIZZA: Meat Lovers Pizza  |
|   | PIZZA: Meat Lovers Pizza<br>DESSERT: Assorted Dessert Bars  | DESSERT: Strawberry Rhubarb Pie  |
|   | SOUP : Soup Du Jour   | SOUP: Soup Du Jour   |
| SATURDAY – 3/29                                   | ENTRÉE : 9:30AM-2PM Breakfast Potatoes, Bacon, Sausage & Scrambled Eggs   | ENTRÉE: Chicken Parmesan   |
| Continental Breakfast                             | ENTRÉE : 11AM-2PM French Toast  | STARCH & VEGETABLE: Garlic Bread Sticks / Roasted Asparagus  |
| Omelets (CTO)                                     | COOK'S CORNER : Omelets   | COOK'S CORNER: Closed  |
| 9:30am-11:00am                                    | <b>HOT CERAL BAR:</b> Oatmeal / Cream of Wheat with dried cherries, craisins, maple syrup, choc   | ALLERGEN: GF Chicken Parmesan / GF Pasta in Marinara Sauce / Roasted Asparagus   |
|   | chips, spiced apples, coconut cinnamon, brown sugar<br>ALLERGEN: GF Sandwich Bar w/ Choice of Ham, Roast Beef, Turkey, Swiss, Cheddar,  | PIZZA: Assorted Pizza  |
|   | American or Provolone on GF Bread   | DESSERT: Ice Cream Novelties   |
|   | PIZZA: Assorted Pizza   |  |
|   | DESSERT: Assorted Pastries, Muffins & Donuts  |  |
| SUNDAY – 3/30                                     | SOUP: Soup Du Jour  | SOUP : Soup Du Jour  |
| Continental Breakfast                             | ENTRÉE : 9:30AM-2PM Breakfast Potatoes, Bacon, Sausage & Scrambled Eggs   | ENTRÉE : Teriyaki Beef   |
| Omelets (CTO)                                     | ENTRÉE : 11AM-2PM Sausage Gravy & Biscuits  | STARCH & VEGETABLE: White Rice / Garlic & Ginger Stir Fried Zucchini, Squash & Onions  |
|   | COOK'S CORNER : Omelets   | CORNER: Closed   |
| 9:30am-11:00am                                    | <b>HOT CERAL BAR:</b> Oatmeal / Cream of Wheat with dried cherries, craisins, maple syrup,  | ALLERGEN: GF Teriyaki Beef / White Rice / Garlic & Ginger Stir Fried Zucchini, Yellow Squash   |
|   | choc chips, spiced apples, coconut cinnamon, brown sugar<br>ALLERGEN: GF Sandwich Bar w/ Choice of Ham, Roast Beef, Turkey, Swiss, Cheddar,                                       | & Onions PIZZA: Assorted Pizza   |
|   | ALLEKGEN: OF Sandwich Bar w/ Choice of Hani, Koast Beel, Turkey, Swiss, Cheddar,<br>American or Provolone on GF Bread   | DESSERT: Ice Cream Novelties   |
|   |   |  |
|   | PIZZA: Assorted Pizzas  |  |
|   |   |  |