

# CHAMPLIN WEEKLY MENU

## Week of March 3 – 7

**\*\*Chicken Sandwich, Hamburgers & Cheeseburgers: Everyday**

**\*\*Pasta served with 3 Sauces at Pizza Station every**

**Lunch & Dinner except special Pasta Wednesday**

**\*\*Macaroni & Cheese Everyday (Next to French Fries)**

**~ Menu subject to change due to availability ~**

<b>Monday - Friday:</b> Breakfast 7am - 10:30am Lunch 11am - 4pm Dinner 4:30pm - 7pm
<b>Saturday - Sunday:</b> Breakfast 9:30am - 10:30am Lunch 11am - 4pm Dinner 4:30pm - 6pm

<b>BREAKFAST Available Daily:</b> Bacon, Turkey Bacon, Sausage, Fruit/Yogurt, Cereals/Hot & Cold, MYO Waffles & Pancakes, Breakfast Potatoes, Bagels/Pastries
<b>LUNCH Available Daily:</b> Hamburgers Cheeseburgers, Chicken Sandwich, Fries, Onion Rings, Pizza, MYO Waffles & Pancakes, CTO, Hot Bar, Deli, Salad Bar,, & Ice Cream,
<b>DINNER Available Daily:</b> Hamburgers Cheeseburgers, Chicken Sandwich, Fries, Onion Rings Pizza, CTO, Hot Bar, Deli, Salad Bar, Ice Cream

### BREAKFAST

### LUNCH

### DINNER

<b>MONDAY – 3/3</b> <b>OMELETS TO ORDER</b> Egg & Cheese on an English Muffin	<b>SOUP:</b> New England Clam Chowder <b>ENTRÉE:</b> Chicken Cordon Bleu – Breaded chicken breast topped w/ Ham, Swiss, and Honey Mustard Glaze <b>STARCH &amp; VEGETABLE:</b> Whole Roasted baby Yukon Gold Potatoes / Monte Carlo Veg <b>SALAD:</b> Grilled Vegetable Salad w/Balsamic <b>COOK'S CORNER:</b> Power Bowls – Choice of Fire Braised Chicken, Shrimp, Pulled Pork & Quinoa, White Beans, Chick Beans, Veggies or Fruit and many sauces and toppings! <b>ALLERGEN:</b> GF Chicken Cordon Bleu / Baby Bakers / Monte Carlo Blend Veggies <b>PIZZA:</b> Veggie Lovers Pizza <b>DESSERT:</b> Raspberry Cookies	<b>SOUP:</b> New England Clam Chowder <b>ENTRÉE:</b> Meatballs & Marinara Sauce (Basket of Hoagie Rolls) <b>STARCH &amp; VEGETABLE:</b> Garlic Toast / Steamed Vegetable Blend <b>SALAD:</b> Grilled Vegetable Salad w/Balsamic <b>COOK'S CORNER:</b> Power Bowls – Choice of Fire Braised Chicken, Shrimp, Pulled Pork & Quinoa, White Beans, Chick Beans, Veggies or Fruit and many sauces and toppings <b>ALLERGEN:</b> GF Meatballs & Marinara Sauce / GF Penne & Asiago Cheese / Steamed Veggies <b>PIZZA:</b> Veggie Lovers Pizza <b>DESSERT:</b> Strawberry Layer Cake
<b>TUESDAY 3/4</b> <b>OMELETS TO ORDER</b> Western Egg Wraps  <b>Happy Mardi Gras!</b>	<b>SOUP:</b> Chicken Noodle Soup <b>ENTRÉE:</b> Chicken Teriyaki <b>STARCH &amp; VEGETABLE:</b> Jasmine Rice / Broccoli <b>SALAD:</b> Cheese Tortellini Pesto Pasta Salad <b>COOK'S CORNER:</b> Mexican Crunch Wrap – Mexican Seasoned Beef or Chicken in a Crispy Corn Tortilla w/ Cheddar Cheese, Salsa, Shredded Lettuce, Sour Cream, Guacamole, Scallions, Diced Tomatoes & Red Onions or Burrito Bar! With all the Toppings! (11am – 3pm today) <b>ALLERGEN:</b> GF Teriyaki Chicken / Jasmine Rice / Steamed Broccoli <b>PIZZA:</b> Mardi Gras Pizza <b>DESSERT:</b> Whoopie Pies	<b>SOUP:</b> Chicken and Shrimp Gumbo <b>ENTRÉE:</b> Cajun Fried Trout w/Lemon Aioli Dipping Sauce * <a href="#">Campus Farmed at the Hatchery</a> * or Chicken Jambalaya – Chicken & Andouille Sausage with tomatoes, vegetables and rice <b>STARCH &amp; VEGETABLE:</b> GF Zesty Corn Fritters w/remoulade sauce / Cajun Corn Maque Choux <b>COOK'S CORNER:</b> Shrimp & Grits! Cajun, pan-roasted shrimp served over Cheesy Grits, served with traditional New Orleans Style Andouille Sausage Sauce AND Buttery Corn Muffins <a href="#">Made by the Culinary Department</a> , & Banana Beignets rolled in Cinnamon Sugar, served with Rum Caramel Sauce <b>DELI:</b> Mexican Crunch Wrap/Burrito Bar! With Toppings! <b>ALLERGEN:</b> GF Chicken & Andouille Sausage Jambalaya / GF Corn Fritters / Cajun Corn Maque Choux <b>PIZZA:</b> Mardi Gras Pizza <b>DESSERT:</b> Key Lime Pie, Assorted Meringues, & Sweet Potato Maple Cheesecake * <a href="#">Made by the Culinary Department</a> *
<b>WEDNESDAY – 3/5</b> <b>OMELETS TO ORDER</b> Egg & Cheese on a Biscuit	<b>SOUP:</b> Vegetable Soup <b>ENTRÉE:</b> BBQ Pulled Pork (Basket of Burger Rolls) <b>STARCH &amp; VEGETABLE:</b> Baked Beans / Baby Carrots <b>SALAD:</b> Cole Slaw <b>COOK'S CORNER:</b> Pasta Action w/ choice of Chicken, Shrimp, Sausage, Veggies & Sauces <b>ALLERGEN:</b> GF BBQ Pulled Pork / Baked Beans / Baby Carrots <b>PIZZA:</b> Garlic Knots <b>DESSERT:</b> Salted Caramel Cookies	<b>SOUP:</b> Vegetable Soup <b>ENTRÉE:</b> Beef & Broccoli (GF) <b>STARCH &amp; VEGETABLE:</b> White Rice / Normandy Blend Veg-Broccoli, Carrots, Cauliflower <b>SALAD:</b> Cole Slaw <b>COOK'S CORNER:</b> Pasta Action with choice of Chicken, Shrimp, Sausage, Veggies, & Sauces <b>ALLERGEN:</b> GF Beef & Broccoli / White Rice / Normandy Blend Vegetables <b>PIZZA:</b> Garlic Knots <b>DESSERT:</b> Mixed Berry Trifle
<b>THURSDAY – 3/6</b> <b>OMELETS TO ORDER</b> French Waffles	<b>SOUP:</b> Italian Chicken Tortellini <b>ENTRÉE:</b> Hot Honey Chicken (served with Rolls & Toppings) <b>STARCH &amp; VEGETABLE:</b> Tater Attack –Tater Tots with Bacon & Cheddar /Chateau Veg <b>SALAD:</b> Salad Du Jour <b>COOK'S CORNER:</b> Vietnamese Style Bahn Mi – Pulled Chicken Sandwich – cooked with jalapenos, garlic, ginger & Soy Sauce on a toasted baguette w/vinaigrette slaw & toppings <b>DELI:</b> BURRITO BAR! With Toppings! <b>ALLERGEN:</b> GF Hot Honey Chicken on GF roll / Baby Roasted Potatoes / Chateau Veg <b>PIZZA:</b> Assorted Pizzas <b>DESSERT:</b> Brownies	<b>SOUP:</b> Italian Chicken Tortellini <b>ENTRÉE:</b> Chicken Pepperatta (GF) Sauteed Chicken w/ Roasted Pepper Cream Sauce <b>STARCH &amp; VEGETABLE:</b> Rotini Pasta / Sauteed Spinach w/Garlic Oil <b>SALAD:</b> Salad Du Jour <b>COOK'S CORNER:</b> Vietnamese Style Bahn Mi – Pulled Chicken Sandwich – cooked with jalapenos, garlic, ginger & Soy Sauce on a toasted baguette w/vinaigrette slaw & toppings <b>DELI:</b> BURRITO BAR! With Toppings! <b>ALLERGEN:</b> GF Chicken Pepperatta / GF Pasta / Sauteed Spinach w/Garlic Oil <b>PIZZA:</b> Assorted Pizzas <b>DESSERT:</b> Raspberry Donut Cheesecake
<b>FRIDAY – 3/7</b> <b>OMELETS TO ORDER</b> Egg & Cheese on a Bagel  <b>CHAMPLIN CLOSES AT 2:00 PM</b>	<b>SOUP:</b> Soup du Jour <b>ENTRÉE:</b> Seafood Stuffed Sole <b>STARCH &amp; VEGETABLE:</b> Cous Cous Pilaf / Sauteed Vegetable Blend Du Jour <b>SALAD:</b> Salad Du Jour <b>COOK'S CORNER:</b> Roasted or Fried Chicken Wraps with Add-ons! <b>ALLERGEN:</b> Cajun Chicken / Steamed Potatoes / Sauteed Zucchini, grape tomatoes, red onion & garlic <b>PIZZA:</b> 4 Cheese Pizza <b>DESSERT:</b> Snickerdoodle Cookies  <b>Pre-Ordered Meals To-Go Pick up by 2:00 PM FRIDAY For Sat/Sun/Mon Meals</b>	<p style="text-align: center;"><b>HAVE A GREAT SPRING BREAK</b>  <b>HAVE A GREAT SPRING BREAK</b>  <b>HAVE A GREAT SPRING BREAK</b>  <b>HAVE A GREAT SPRING BREAK</b>  <b>HAVE A GREAT SPRING BREAK</b>  <b>HAVE A GREAT SPRING BREAK</b>  <b>HAVE A GREAT SPRING BREAK</b></p>
<b>SATURDAY – 3/8</b>	<p style="text-align: center;"><b>HAVE A GREAT SPRING BREAK</b>  <b>HAVE A GREAT SPRING BREAK</b>  <b>HAVE A GREAT SPRING BREAK</b>  <b>HAVE A GREAT SPRING BREAK</b>  <b>HAVE A GREAT SPRING BREAK</b>  <b>HAVE A GREAT SPRING BREAK</b>  <b>HAVE A GREAT SPRING BREAK</b></p>	<p style="text-align: center;"><b>HAVE A GREAT SPRING BREAK</b>  <b>HAVE A GREAT SPRING BREAK</b>  <b>HAVE A GREAT SPRING BREAK</b>  <b>HAVE A GREAT SPRING BREAK</b>  <b>HAVE A GREAT SPRING BREAK</b>  <b>HAVE A GREAT SPRING BREAK</b>  <b>HAVE A GREAT SPRING BREAK</b></p>
<b>SUNDAY – 3/9</b>	<p style="text-align: center;"><b>HAVE A GREAT SPRING BREAK</b>  <b>HAVE A GREAT SPRING BREAK</b>  <b>HAVE A GREAT SPRING BREAK</b>  <b>HAVE A GREAT SPRING BREAK</b></p>	<p style="text-align: center;"><b>HAVE A GREAT SPRING BREAK</b>  <b>HAVE A GREAT SPRING BREAK</b>  <b>HAVE A GREAT SPRING BREAK</b>  <b>HAVE A GREAT SPRING BREAK</b></p>