

CHAMPLIN WEEKLY MENU

Week of Jan 27 – Feb 2

Monday - Friday:

Breakfast 7am - 10:30am
Lunch 11am - 4pm
Dinner 4:30pm - 7pm

Saturday- Sunday:

Breakfast 9:30am - 10:30am
Lunch 11am - 4pm
Dinner 4:30pm - 6pm

BREAKFAST Available Daily:

Bacon, Turkey Bacon, Sausage, Fruit/Yogurt, Cereals/Hot & Cold, MYO Waffles & Pancakes, Breakfast Potatoes, Bagels/Pastries

LUNCH Available Daily:

Hamburgers Cheeseburgers, Chicken Sandwich, Fries, Onion Rings, Pizza, MYO Waffles & Pancakes, CTO, Hot Bar, Deli, Salad Bar,, & Ice Cream,

DINNER Available Daily:

Hamburgers Cheeseburgers, Chicken Sandwich, Fries, Onion Rings Pizza, CTO, Hot Bar, Deli, Salad Bar, Ice Cream

****Chicken Sandwich, Hamburgers & Cheeseburgers: Everyday**

****Pasta served with 3 Sauces at Pizza Station every Lunch & Dinner except special Pasta Wednesdays**

****Macaroni & Cheese Everyday (Next to French Fries)**

~ Menu subject to change due to availability ~

BREAKFAST

LUNCH

DINNER

<p>MONDAY – 1/27 OMELETS TO ORDER Egg & Cheese on Bagel</p>	<p>SOUP: Turkey Rice ENTRÉE: Wing Bar w/Celery & Carrot Stix, BBQ, Buffalo, Gochujang Sauces, Blue Cheese & Ranch Dressings STARCH & VEGETABLE: Steamed Potatoes / California Blend Vegetables SALAD: Fresh Mozzarella & Tomato Caprese COOK'S CORNER: Quesadilla Bar w/choice of Chicken or Shrimp and Toppings ALLERGEN: GF Chicken Nuggets / Steamed Potatoes / California Blend Veggies PIZZA: English Muffin Pizza DESSERT: Peanut Butter Bars</p>	<p>SOUP: Turkey Rice ENTRÉE: Herb Roasted Pork Loin w/ Pan Gravy STARCH & VEGETABLE: Baked Sweet Potatoes / Sauteed Spinach w/ Garlic Oil SALAD: Fresh Mozzarella & Tomato Caprese COOK'S CORNER: Quesadilla Bar w/choice of Shredded Chicken or Shrimp & Toppings ALLERGEN: Herb Roasted Pork Loin / Baked Sweet Potatoes / Sauteed Spinach w/Garlic Oil PIZZA: English Muffin Pizza DESSERT: Cookies & Cream Pie</p>
<p>TUESDAY 1/28 OMELETS TO ORDER Bread Pudding w/ Vanilla Custard Sauce</p>	<p>SOUP: Sundried Tomato Florentine Soup ENTRÉE: Sesame Seared Chicken Breast STARCH & VEGETABLE: Oven Baked Red Potatoes / Catalina Blend Veggies SALAD: Ambrosia COOK'S CORNER: POP UP ! Chili Conquest w/ Beef or Vegan Chili and Add-Ins DELI: BURRITO BAR! ALLERGEN: Season Seared Chicken Breast / Roasted Red Potatoes / Bermuda Blend PIZZA: Mushroom & Onion Pizza DESSERT: Lemon White Chip Cookies</p>	<p>SOUP: Sundried Tomato Florentine Soup ENTRÉE: Seafood Marinere – Shrimp, Cod, Calamari, Clam & Mussels, Onions, Tomatoes in White Wine Butter Sauce STARCH & VEGETABLE: Angel Hair Pasta / Sauteed Zucchini & Squash, Tomatoes, Garlic Oil SALAD: Ambrosia COOK'S CORNER: POP UP! Chili Conquest w/ Beef or Vegan Chili and Add-Ins DELI: BURRITO BAR! ALLERGEN: GF Baked Ziti / Sauteed Zucchini, Yellow Squash, Tomatoes, Garlic Oil PIZZA: Mushroom & Onion Pizza DESSERT: Make Your Own Crepe Bar</p>
<p>WEDNESDAY – 1/29 OMELETS TO ORDER Cheese Fried Egg on Hash Brown w/ Melted Cheddar Cheese</p>	<p>SOUP: French Onion Soup ENTRÉE: General Tso's Chicken / Spring Rolls STARCH & VEGETABLE: Jasmine Rice / Asian Style Veggies / Fortune Cookies SALAD: Tuna Mac Salad / Orange Slices COOK'S CORNER: Pasta Action w/ choice of Chicken, Shrimp, Sausage, Veggies & Sauces ALLERGEN: GF Tex Mex Beef Skillet / White Rice / Corn PIZZA: Cheesy Garlic Bread Sticks DESSERT: Pineapple Upside Down Cake</p>	<p>SOUP: French Onion Soup ENTRÉE: Chicken Scarpiello (GF) (Sauteed Chicken w/Onions, Garlic, Sweet & Spicy Peppers) STARCH & VEGETABLE: Herbed Roasted Potatoes / Honey Roasted Baby Carrots SALAD: Tuna Mac Salad COOK'S CORNER: Pasta Action with choice of Chicken, Shrimp, Sausage, Veggies, & Sauces ALLERGEN: Chicken Scarpiello (GF) / Herb Roasted Potatoes / Honey Roasted Baby Carrots PIZZA: Cheesy Garlic Bread Sticks DESSERT: Chocolate Mousse Cake</p>
<p>THURSDAY – 1/30 OMELETS TO ORDER Egg & Cheese on a Croissant</p>	<p>SOUP: Chicken Corn Chowder ENTRÉE: Tex Mex Beef Skillet STARCH & VEGETABLE: White Rice / Corn SALAD: Quinoa Salad COOK'S CORNER: Stir Fry Bar-Choice of Tempura Chicken or Steamed Shrimp with Toppings & Sauce Choices / Jasmine Rice / Potstickers DELI: BURRITO BAR! ALLERGEN: GF General Tso's Chicken / Jasmine Rice / Asian Style Sauteed Vegetables PIZZA: Hawaiian Pizza DESSERT: Rice Krispie Treats</p>	<p>SOUP: Chicken Corn Chowder ENTRÉE: Carved Roasted New York Strip Steak w/ Beef Gravy STARCH & VEGETABLE: Mashed Potatoes / Roasted Asparagus w/ Garlic Oil SALAD: Quinoa Salad COOK'S CORNER: Stir Fry Bar-Choice of Tempura Chicken or Steamed Shrimp with Toppings & Sauce Choices / Jasmine Rice / Potstickers DELI: BURRITO BAR! ALLERGEN: GF Carved NY Strip w/ GF Gravy / Mashed Potatoes / Roasted Asparagus & Garlic Oil PIZZA: Hawaiian Pizza DESSERT: Hot Apple Crisp</p>
<p>FRIDAY – 1/31 OMELETS TO ORDER Egg & Cheese on a Biscuit</p>	<p>SOUP: Tomato Soup ENTRÉE: Beer Battered Fried Cod w/ Tartar Sauce, Cocktail Sauce & Lemon Wedge STARCH & VEGETABLE: Fried Sweet Potato Wedges / Garden Vegetable Blend SALAD: Pasta Salad COOK'S CORNER: Grilled Cheese Bar w/ choice of Cheese, Bread & Toppings DELI: BURRITO BAR! Chicken or Beef with Toppings! ALLERGEN: GF Chicken Fajitas over White Rice w/ Cheddar /Garden Vegetable Blend PIZZA: Broccoli White Pizza DESSERT: Cranberry White Chocolate Chip Cookies</p>	<p>SOUP: Tomato Soup ENTRÉE: Chicken & Vegetable Lo Mein served over Lo Mein Noodles STARCH & VEGETABLE: Egg Rolls w/ Sweet Thai Chili Sauce / Broccoli SALAD: Pasta Salad COOK'S CORNER: Grilled Cheese Bar w/ choice of Cheese, Bread & Toppings DELI: BURRITO BAR! With Toppings! ALLERGEN: GF Chicken & Vegetable Lo Mein served over Rice Noodles / Broccoli PIZZA: Broccoli White Pizza DESSERT: Cannoli</p>
<p>SATURDAY – 2/1 Continental Breakfast Omelets (CTO) 9:30am-11:00am</p>	<p>SOUP : Soup Du Jour ENTRÉE : Breakfast Potatoes, Bacon, Sausage & Scrambled Eggs (9:30-2:00) Broccoli, Cheddar & Egg Strudel (11:00-2:00) COOK'S CORNER : Omelets HOT CERAL BAR: Oatmeal / Cream of Wheat with dried cherries, raisins, maple syrup, choc chips, spiced apples, coconut cinnamon, brown sugar ALLERGEN: GF Sandwich Bar w/ Choice of Ham, Roast Beef, Turkey, Swiss, Cheddar, American or Provolone on GF Bread PIZZA: Assorted Pizza DESSERT: Assorted Pastries & Donuts</p>	<p>SOUP: Soup Du Jour ENTRÉE: Pot Roast STARCH & VEGETABLE: Egg Noodles / Roasted Root Vegetables COOK'S CORNER: Closed ALLERGEN: Pot Roast w/ GF Gravy / GF Rotini Pasta / Roasted Root Vegetables PIZZA: Assorted Pizza DESSERT: Sundae Bar</p>
<p>SUNDAY – 2/2 Continental Breakfast Omelets (CTO) 9:30am-11:00am</p>	<p>SOUP: Soup Du Jour ENTRÉE: Breakfast Potatoes, Sausage & Scrambled Eggs (9:30-2:00) French Toast (11:00-2:00) COOK'S CORNER : Omelets HOT CERAL BAR: Oatmeal / Cream of Wheat with dried cherries, raisins, maple syrup, choc chips, spiced apples, coconut cinnamon, brown sugar ALLERGEN: GF Sandwich Bar w/ Choice of Ham, Roast Beef, Turkey, Swiss, Cheddar, American or Provolone on GF Bread PIZZA: Assorted Pizzas DESSERT: Assorted Pastries & Donuts</p>	<p>SOUP : Soup Du Jour ENTRÉE : Coconut Curry Chicken STARCH & VEGETABLE: Basmati Rice / Garlic Green Beans COOK'S CORNER : Closed ALLERGEN: GF Coconut Curry Chicken / Basmati Rice / Garlic Green Beans PIZZA: Assorted Pizza DESSERT: Sundae Bar</p>